

Week 6: Scenes from Holy Week



Holy Week humbles us as we witness the magnitude of God's love for us. At a time when it may seem that God has abandoned Jesus, God does anything but and is there with Jesus in the suffering and ultimately, in the resurrection. How do we allow God to journey with us through all the emotion and events of life?

You are invited to imagine yourself at Jesus' last supper, as one of his friends.

Jesus gets up from table, removes his outer garment and, taking a towel, wraps it around his waist; he then pours water into basin and begins to wash the disciples' feet and to wipe them with the towel he was wearing. He kneels before you, and washes your feet. He smiles as he gazes into your eyes, accepting you, loving you.

When Jesus has washed everyone's feet and put on his clothes again he goes back to the table. 'Do you understand' he says 'what I have done to you? You call me Master and Lord, and rightly; so I am. If I, then, the Lord and Master, have washed your feet, you should wash each other's feet. I have given you an example so that you may copy what I have done to you.'

(adapted from the Gospel of Holy Thursday John 13:1-15)

For Reflection

1. During this meditation, what was your experience of imagining Jesus kneeling before you and washing your feet?
2. Jesus reminds us that following him means to serve rather than be served. What may we have to let go of in order to serve Jesus?
3. Jesus shows us an intimacy in the act of washing of feet. Share a time when you have 'had your feet washed' by others on your life's journey.