

*Prayers & Reflections*

**My Christmas Blessing to All**

May there be harmony in all your relationships.

May sharp words, envious thoughts, and hostile feelings be dissolved.

May you give and receive love generously.

May this love echo in your heart like the joy of church bells on a clear

December day.

May each person who comes into your life be greeted as another Christ.

May the honour given the Babe of Bethlehem be that which you extend to

every guest who enters your presence.

May the hope of this sacred season settle in your soul.

May it be a foundation of courage for you when times of distress occupy

your inner land.

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May the wonder and awe that fills the eyes of children be awakened within  
you.

May it lead you to renewed awareness and appreciation of whatever you  
too easily take for granted.

May the bonds of love for one another be strengthened as you gather with  
your family and friends around the table of festivity and nourishment.

May you daily open the gift of your life and be grateful for the hidden  
treasures it contains.

May the coming year be one of good health for you.

May you have energy and vitality.

May you care well for your body, mind and spirit.

May you go often to the Bethlehem of your heart and visit the One who  
offers you peace.

May you bring this peace into our world.