

Support Services

<p>Blue Knot Foundation Website: www.blueknot.org.au Provides telephone counselling, information and support for adult survivors of child abuse and referral to professionals and agencies. Provides workshops for survivors, family members, partners and friends. Professional development for health professionals is also available.</p>	<p>Phone 1300 657 380</p>
<p>Bravehearts Website: https://bravehearts.org.au Specialist case management, face to face counselling (QLD only) and telephone counselling in all states and territories for child and adult survivors, non-offending family members and friends engaging with the Royal Commission.</p>	<p>Phone 1800 272 831</p>
<p>Child Wise Website: www.childwise.org.au Trauma informed telephone and online counselling for childhood abuse. Training and organisational capacity building on child abuse prevention.</p>	<p>Phone 1800 991 099</p>
<p>Interrelate Website: www.interrelate.org.au Counselling and support for those affected by institutional child sexual abuse and the work of the Royal Commission. Locations in metropolitan, regional and rural NSW.</p>	<p>Phone 1300 473 528</p>
<p>Kids Helpline Website: https://kidshelpline.com.au/ Free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.</p>	<p>Phone 1800 551 800</p>
<p>Lifeline Website: www.lifeline.org.au 24 hour crisis support and suicide prevention.</p>	<p>Phone 13 11 14</p>
<p>MensLine Australia Website: www.mensline.org.au A national telephone and online support, information and referral service for men and family and relationship concerns</p>	<p>Phone 1300 789 978</p>
<p>Sexual Assault Counselling Australia (SACA) Website: www.sexualassaultcounselling.org.au Provides telephone counselling, including a free telephone interpreting service, for people affected by the Royal Commission. Some face-to-face counselling is available in NSW and Victoria. Staffed by trauma specialist counsellors</p>	<p>Phone 1800 211 028</p>
<p>Survivors & Mates Support Network (SAMSN) Website: www.samsn.org.au Facilitated groups and workshops for male survivors of childhood sexual abuse and their families.</p>	<p>Phone 1800 472 676</p>
<p>Victims Access Line Website: www.victimsservices.justice.nsw.gov.au Provides confidential support and information to victims of all crimes, including sexual and physical assault and domestic violence.</p>	<p>Phone 1800 633 063</p>